

2003 Shamrock 4 Miler

FARC SHAMROCK 4-MILER, 9 MARCH 2003

MENS OVERALL

1	Jeff Binggeli	Fredericksburg	VA	0:20:32	24
2	Chad Walton	Stafford	VA	0:20:40	32
3	Jason Van Horn	Dumfries	VA	0:20:56	29

MENS MASTERS

5	Chuck Moeser	Sterling	VA	0:21:29	51
7	Ted Poulos	McLean	VA	0:22:10	41
9	Terry McLaughlin	Spotsylvania	VA	0:22:28	42

Men 0 to 19

8	Michael Disilvestro	Fredericksburg	VA	0:22:20	15
10	Brandon Dick	Fredericksburg	VA	0:22:43	16
19	Matthew Scott VanAllen	Fredericksburg	VA	0:23:29	19
24	Brandon Scott Swecker	STAFFORD	VA	0:24:15	19
26	Zachary A. Minter	Dahlgren	VA	0:24:32	16
33	Douglas Richardson	King George	VA	0:25:11	16
34	Christopher M Turner	Stafford	VA	0:25:18	15
39	Richard Saunders III	Ruther Glen	VA	0:25:30	14
40	Patrick Quinn	Stafford	VA	0:25:34	14
45	Garrett Reynolds	Fredericksburg	VA	0:25:53	14
112	Drew Miller	Fredericksburg	VA	0:29:06	11
129	Stephen Portner	King George	VA	0:29:41	16
141	Charlie Nicotera	Fredericksburg	VA	0:30:27	14
154	Jeffery R Adcock	Fredericksburg	VA	0:30:49	17
170	Trevor Swartz	Spotsylvania	VA	0:31:42	12
195	Zachary Faurer	Spotsylvania	VA	0:32:59	16
224	Blake Anderson	Spotsylvania	VA	0:34:15	13

Men 20 to 24

14	Tom Leitz	Herndon	VA	0:22:49	24
21	Bert Jacoby	Fredericksburg	VA	0:23:51	20
23	Steve Petrosky	Fredericksburg	Va	0:23:58	24
97	Charlie Sayers	Fredericksburg	VA	0:28:35	23
116	Stephen Merritt	Spotsylvania	VA	0:29:17	24
118	Patrick Early	Fredericksburg	VA	0:29:20	23
190	Jonathan Sprick	Fredericksburg	VA	0:32:41	24
213	Wesley W. Hall	Stafford	VA	0:33:52	23

Men 25 to 29

6	Dan Putka	Fredericksburg	VA	0:22:08	29
16	Bob MacDonald	Fredericksburg	VA	0:23:03	28
18	Thomas Ketchem	Dale City	Va	0:23:23	25
41	Karsten Brown	Front Royal	Va	0:25:36	28
61	Jeremy Campbell	Fredericksburg	VA	0:26:34	27
117	Scot Draeger	Fredericksburg	VA	0:29:19	28
135	Alex A. Williams	Stafford	VA	0:30:05	29
149	Robert Harris	Fredericksburg	VA	0:30:41	25
180	Scott McCormick	Spotsylvania	VA	0:32:08	27
182	Jonas Beals	Fredericksburg	Va	0:32:11	26
206	Sky M Peters	Port Royal	VA	0:33:38	28
210	Josh McCarthy	Alexandria	VA	0:33:43	26
271	Brent Lazerson	Fredericksburg	VA	0:36:08	29
280	Michael A Brock Jr.	Spotsylvania	VA	0:36:40	28
294	Chris A. Knighting	Fredericksburg	VA	0:37:08	25
300	Steven Pereira	Spotsylvania	VA	0:37:32	28
327	Jonathan Childers	Alexandria	VA	0:39:00	28
329	Kevin Lombard	Centreville	VA	0:39:13	29
354	Wayne Pullen	Fredericksburg	Va	0:41:23	28

Men 30 to 34

4	Matt Boyd	Fredericksburg	VA	0:21:17	32
13	Welch Suggs	Washington	DC	0:22:47	30
29	Konrad Heller	Fredericksburg	Va	0:24:55	33
32	Tom Campbell	Oak Hill	VA	0:24:58	31
36	Karl Kennedy	King George	VA	0:25:27	32
62	Sean Bryson	Arlington	VA	0:26:35	30
70	Peter Mount	Ruther Glen	Va	0:27:12	33
71	Kent Meyer	Fredericksburg	VA	0:27:15	30
87	Damien Marsh	Fredericksburg	VA	0:28:02	34
88	Shawn Swanson	Woodbridge	VA	0:28:07	34
93	Jay Bienlien	Stafford	VA	0:28:20	34
107	Lawrence R. Alexander	STAFFORD	VA	0:28:54	34
143	Chad Mullikin	Fredericksburg	Va	0:30:30	31
152	Billy Clift	King George	VA	0:30:47	34
153	Brian Medved	Fredericksburg	VA	0:30:49	34
162	David McKinney	New Galilee	PA	0:31:06	33
174	Michael C Kamin	Fredericksburg	VA	0:31:55	33
189	Clifford Bennett	Alexandria	VA	0:32:30	31
207	Dwayne Palermo	Falmouth	VA	0:33:39	32
232	Robert Maple	Fredericksburg	VA	0:34:27	32

274	Mark H. Eldert	Fredericksburg	VA	0:36:16	34
299	Logan DePue	Stafford	VA	0:37:31	32
311	John Franklin	Fredericksburg	VA	0:38:15	34
326	Slade Elkins	Alexandria	VA	0:38:59	33
334	Ronald E. Menold II	Fredericksburg	VA	0:39:28	34
344	Jason Davis	Fredericksburg	VA	0:40:33	31

Men 35 to 39

11	Jim Ehrenhaft	Washington	DC	0:22:43	37
15	J Scott Mersiowsky	Fredericksburg	VA	0:23:01	37
31	Jeff Urbanski	Frederick	MD	0:24:58	39
53	David Olichney	Fredericksburg	VA	0:26:02	36
54	Art Bornschein	Fredericksburg	VA	0:26:07	36
58	David Boyd	Stafford	VA	0:26:27	38
69	Joey Rice	Fredericksburg	VA	0:27:10	39
77	James B LaFratta	Fredericksburg	VA	0:27:35	36
78	Mark Rau	Fredericksburg	VA	0:27:36	36
81	David Reynolds	Stafford	VA	0:27:39	38
99	Tom George	Fredericksburg	VA	0:28:38	36
120	Chance Chartters	Fredericksburg	VA	0:29:24	36
122	Steve Rowles	Dahlgren	VA	0:29:28	35
124	Abraham Paulose	Fredericksburg	VA	0:29:31	36
144	Jeffrey Grigsby	Fredericksburg	VA	0:30:31	38
157	Dave Poirier	Ruther Glen	VA	0:30:53	36
158	Craig Barton Penrose	Quantico	VA	0:30:55	38
176	Brian Carcstrom	Stafford	VA	0:32:00	36
193	George Lee	Fredericksburg	VA	0:32:50	37
205	Paul Schellhammer	Fredericksburg	VA	0:33:35	37
212	Ben Jude	Fredericksburg	VA	0:33:49	35
216	Charles D. Nottingham	Fredericksburg	VA	0:34:00	37
221	Paul Whichard	Fredericksburg	VA	0:34:10	36
228	Guy Gormley	Fredericksburg	VA	0:34:22	37
234	Raymond Beaver	Fredericksburg	VA	0:34:29	35
237	Wayne Sanford	Fredericksburg	VA	0:34:34	38
245	Christopher McCarthy	Stafford	VA	0:34:48	36
246	John McManus	Fredericksburg	VA	0:34:50	38
247	Scott Sell	Fredericksburg	VA	0:34:51	39
251	Paul Tice	Stafford	VA	0:34:59	39
260	Roger Reynolds	Fredericksburg	VA	0:35:30	37
264	Clay Huber	Stafford	VA	0:35:45	36
269	Michael Thomas Holmes	Fredericksburg	VA	0:36:06	39
331	Ronnie Hawes	Dumfries	VA	0:39:21	38
341	Franz J Heymann	King George	VA	0:40:19	37

Men 40 to 44

17	J J Donovan III	Manassas	VA	0:23:18	43
20	Bret Schmidt	Woodbridge	VA	0:23:43	43
25	Jimmy Price	Stafford	VA	0:24:17	43
27	Jack Morrison	Hartwood	VA	0:24:47	43
37	Brad H Cranick	Fredericksburg	VA	0:25:27	40
42	Shawn Reinwald	Stafford	VA	0:25:41	40
48	Rob Heflin	Fredericksburg	VA	0:25:56	40
49	Gerry Griffin	Quantico	VA	0:25:58	42
59	John Lysher	Fredericksburg	VA	0:26:29	41
63	Daniel Borrelli	Woodbridge	VA	0:26:38	44
76	Joseph A. Nicotera	Fredericksburg	VA	0:27:32	41
82	Tom O'Neill	Fredericksburg	VA	0:27:40	41
84	Dave Stewart	Manassas	VA	0:27:50	42
89	Kyle Jones	Fredericksburg	VA	0:28:10	42
96	Michael McDonnell	Spotsylvania	VA	0:28:23	43
105	Carey E Priebe	King George	VA	0:28:51	40
110	William Hamilton	Fredericksburg	VA	0:29:03	44
115	Brian Scott	Fredericksburg	VA	0:29:13	43
130	Clint Kiser	Woodbridge	VA	0:29:43	41
133	Edward Semeia	Fredericksburg	VA	0:29:54	43
136	Jack Green	Fredericksburg	VA	0:30:13	43
139	John Houck	Stafford	VA	0:30:23	42
142	Robert C Spangler	Fredericksburg	VA	0:30:28	41
155	Steve Wines	Marshall	VA	0:30:50	41
159	Steve Phifer	Fredericksburg	VA	0:30:55	42
160	Jim Donaldson	Fredericksburg	VA	0:30:56	43
161	Terry Comerford	Richmond	VA	0:31:03	44
163	Jonathan Pittman	Fredericksburg	VA	0:31:11	41
175	James Rohr	New Baltimore	VA	0:31:56	42
192	Chris Gard	Fredericksburg	VA	0:32:48	41
196	Larry Gormley	Welcome	MD	0:33:00	42
198	Paul E Hibbs Jr	Locust Grove	VA	0:33:08	44
200	Jim Ewing	Stafford	VA	0:33:14	40
204	Paul Diaz	King George	VA	0:33:33	43
225	John DiSilvestro	Edmond	OK	0:34:16	40
282	Gregory Leonard Pins	Fredericksburg	VA	0:36:43	40
293	Gary Thomas	King George	VA	0:37:06	44
309	Joseph E Shaw	Fredericksburg	VA	0:38:02	41
353	David Ballard	Fredericksburg	VA	0:41:22	42
376	Ted Parr	Alexandria	VA	0:48:13	43

377 Tim Ramsey Alexandria VA 0:49:12 44

Men 45 to 49

22 Greg Ruckert Stevensville VA 0:23:54 48
 30 Kevin Kolakowski Stafford VA 0:24:57 47
 38 Kirk Gordon Greenbelt MD 0:25:29 47
 43 Chris T. Hara Stafford VA 0:25:44 48
 46 Mike Brooks Fredericksburg VA 0:25:54 46
 51 Paul Weber Fredericksburg VA 0:26:00 47
 52 Rolando Pancotti Fredericksburg VA 0:26:01 49
 55 David J Smith Tappahannock VA 0:26:09 46
 56 Dennis Garry Poole Quinton VA 0:26:15 48
 66 Larry Anderson Springfield VA 0:26:53 47
 79 Mike DiSilvestro Fredericksburg VA 0:27:37 46
 94 Ralph Arquette Fredericksburg VA 0:28:21 47
 101 Todd T Knapp Manassas VA 0:28:44 49
 113 James Riordan Stafford VA 0:29:07 49
 119 Vic Culp Stafford VA 0:29:23 46
 121 Steven B Love Fredericksburg VA 0:29:27 45
 123 Robert L Phillips Woodbridge VA 0:29:29 47
 126 Michael Brooks Fredericksburg VA 0:29:36 46
 127 Mark Phlegar Fredericksburg VA 0:29:37 47
 131 Mark Howard Fredericksburg VA 0:29:45 46
 145 Tom Marchegiano Spotsylvania VA 0:30:31 46
 148 Bill Belokon Fredericksburg VA 0:30:39 47
 167 John Henderson Fredericksburg VA 0:31:23 49
 173 Isaac Sofair FREDERICKSBURG VA 0:31:55 45
 188 Tim Powers Fredericksburg VA 0:32:26 46
 202 Kevin K Shoup Fredericksburg VA 0:33:17 48
 208 James Thull Fredericksburg VA 0:33:41 45
 223 Lynn Struble Spotsylvania VA 0:34:12 46
 226 Richard Anderson Jr Spotsylvania VA 0:34:18 47
 240 Kevin Amos Stafford VA 0:34:40 47
 241 Robert H Huggins Stafford VA 0:34:42 48
 257 Charles Henry Klessling Stafford VA 0:35:25 45
 301 Guy Colombo Bristow VA 0:37:43 46
 358 Michael T. Lewis Fredericksburg VA 0:42:04 49
 361 Tony Cimimi Fredericksburg VA 0:42:30 49

Men 50 to 54

57 Harry Wiggins Lake Ridge VA 0:26:21 54
 60 Bobby Stevens Stafford VA 0:26:31 54
 64 Allen Vaughan Stafford VA 0:26:42 52
 73 Jon Palks Bowie MD 0:27:28 53
 75 Dwight Ross Bumpass VA 0:27:31 54
 91 Art Broughton Fredericksburg VA 0:28:14 52
 111 Steven L Schaeffer Mt Airy MD 0:29:04 53
 137 Larry N. Cooper Colonial Beach VA 0:30:18 51
 168 Bryan Bowling Brooke VA 0:31:34 52
 177 Jay Bapple Fredericksburg VA 0:32:05 54
 178 John H Walker Chesapeake VA 0:32:06 50
 183 Jim Blount Fredericksburg VA 0:32:11 52
 186 John P. Kugler Fredericksburg VA 0:32:16 51
 201 Jim Rose Dahlgren VA 0:33:15 50
 215 Jim Vance Culpepper VA 0:33:58 54
 220 Bob Rycroft Fredericksburg VA 0:34:08 53
 229 Paul S Cariker Fredericksburg VA 0:34:23 50
 249 David Thomen Stafford VA 0:34:55 53
 253 Tommy L. Summers Stafford VA 0:35:04 54
 255 Bill Walker Stafford VA 0:35:17 54
 275 Richard O'Brien Fredericksburg VA 0:36:24 51
 283 Richard Sherrill Dumfries VA 0:36:44 53
 305 Paul Varga Fredericksburg VA 0:37:51 50
 343 Lee Dick Fredericksburg VA 0:40:30 54
 350 Bob Brammer Fredericksburg VA 0:41:03 50
 359 Norm Root Stafford VA 0:42:08 51

Men 55 to 59

28 Patrick Griffith Alexandria VA 0:24:48 58
 85 Kevin J O'Connor Midlothian VA 0:27:57 55
 92 Imants Celtnieks Wheaton MD 0:28:17 57
 98 Gary Wolfe Falls Church VA 0:28:36 56
 100 Ronald Edington Fredericksburg VA 0:28:40 55
 108 Jim Vollbrecht Vienna VA 0:28:58 58
 185 Randall Washburn Fredericksburg VA 0:32:13 57
 194 Durrell Boyd King George VA 0:32:54 58
 273 William J Murray Fredericksburg VA 0:36:13 56
 284 Jim Grace Locust Grove VA 0:36:50 57
 297 F Bruce Thomas FALMOUTH VA 0:37:26 57
 356 Mel Wright Fredericksburg VA 0:41:49 57

Men 60 to 64

90 Sammy Merrill Fredericksburg VA 0:28:12 61
 102 Maurice Davidson Fredericksburg VA 0:28:45 61
 109 Joe Greene Dumfries VA 0:28:59 60

140	Arthur Reynolds	Woodbridge	VA	0:30:25	64
252	Gerald Royce	Dahlgren	VA	0:35:02	60
303	Glenn R Luttrell	Winchester	VA	0:37:48	60
317	Charles C Hall	King George	VA	0:38:32	62
Men 65 to 99					
156	Richard Williams	Alexandria	VA	0:30:51	67
187	Larry Dickerson	Burke	VA	0:32:23	71
262	Paul Greenberg	Stafford	VA	0:35:36	67
266	Robert L Gurtler	The Plains	VA	0:35:48	68
340	William L Helton	Fredericksburg	VA	0:40:04	66
346	Robert W Hill	King George	VA	0:40:40	65
348	Ferris Portner Jr	King George	VA	0:40:43	74
379	Haag Scott	Locust Grove	VA	0:53:59	73
WOMENS OVERALL					
12	Naoko Ishibe	Silver Spring	MD	0:22:45	34
35	Jenny Ledford	Quantico	VA	0:25:21	23
44	Janet Urbanski	Frederick	MD	0:25:51	33
WOMENS MASTER					
68	Laeticia Warring	Reston	VA	0:27:08	40
74	Betty Blank	Falls Church	VA	0:27:29	50
114	Ellen Jones	Fredericksburg	VA	0:29:09	40
Women 0 to 19					
83	Becky Stewart	Manassas	VA	0:27:48	13
103	Jessica Reynolds	Stafford	VA	0:28:48	16
184	Misty Burton	Fredericksburg	VA	0:32:12	17
217	Stefanie Sherrill	Woodbridge	VA	0:34:01	18
239	Vanessa Amos	Stafford	VA	0:34:40	17
244	Katherine Arquette	Fredericksburg	VA	0:34:47	12
254	Alyssa Engiles	Stafford	VA	0:35:11	14
296	Emily Nicotera	Fredericksburg	VA	0:37:16	16
302	Jennifer Thull	Fredericksburg	VA	0:37:46	14
306	Leah Antosh	Spotsylvania	VA	0:37:52	17
314	Katie Murray	Fredericksburg	VA	0:38:23	17
323	Sarah Marbach	Stafford	VA	0:38:49	18
368	Jessica James	Warsaw	VA	0:43:08	16
Women 20 to 24					
67	Sarah Pratte	Stafford	VA	0:27:07	24
138	Diana Tisinger	Fredericksburg	VA	0:30:19	21
230	April Herlevi	Fredericksburg	VA	0:34:25	24
231	Meghann Shinnars	Alexandria	VA	0:34:26	23
281	Syphanie Lunney	Fredericksburg	VA	0:36:41	23
304	Laura George	Fredericksburg	VA	0:37:51	23
310	Veronica Blackwell	Springfield	VA	0:38:09	23
315	Jennifer Chisholm	King George	VA	0:38:26	24
364	Kelly Fenton	Fredericksburg	VA	0:42:33	24
369	Stacey Nocilla	Colonial Height	VA	0:43:38	23
Women 25 to 29					
80	Kari Wilson	Fredericksburg	VA	0:27:38	26
86	Etta Agan Bradecamp	Warrenton	VA	0:28:01	29
164	Katherine Shinnars	Alexandria	VA	0:31:13	25
191	April Whitescarver	Fredericksburg	VA	0:32:43	28
199	Rachel A. Amidon 605	Fredericksburg	VA	0:33:10	29
219	Jennifer Rose	Fredericksburg	VA	0:34:06	25
222	Samantha A. Franz	Fredericksburg	VA	0:34:11	29
235	Alexa Feeney	Fredericksburg	VA	0:34:32	25
243	Tara Peters	Port Royal	VA	0:34:46	28
261	Jaime Hoose	Fredericksburg	VA	0:35:34	26
307	Laurel Meier	Woodbribge	VA	0:37:53	28
321	Megan A. Mason	Fredericksburg	VA	0:38:43	26
325	Michele Lombard	Centreville	VA	0:38:57	29
332	Wendie Epple	Stafford	VA	0:39:26	28
336	Laurene Kocylowski	Fredericksburg	VA	0:39:31	25
337	Kara D Sidener	Springfield	VA	0:39:34	29
339	Meredith Childers	Alexandria	VA	0:39:53	28
Women 30 to 34					
47	Julia Smith	Tappahannock	VA	0:25:55	34
50	Jen Stearns	Stafford	VA	0:25:59	34
65	Kristin McCann	Quantico	VA	0:26:50	30
165	Leslie Jaworowski	Fredericksburg	VA	0:31:14	31
171	Tristan Fidler	Fredericksburg	VA	0:31:46	32
197	Karen Hertel	Arlington	VA	0:33:02	33
203	Kimberly Crane	Fredericksburg	VA	0:33:23	34
214	Suzanne Hawes	Dumfries	VA	0:33:52	33
227	Rhonda Ott	Locust Grove	VA	0:34:22	33
256	Julie Bienlien	Stafford	VA	0:35:20	33
268	Cheryl MacDonald	Fredericksburg	VA	0:36:01	32
272	Kim Ylisela	Stafford	VA	0:36:09	34
285	Michelle Hupp	Quantico	VA	0:36:50	33

288	Jennifer Conlee	Fredericksburg	VA	0:36:51	33
290	Sonja BOWENS-Houch	Stafford	VA	0:36:54	31
291	Amy Krebs	Reston	VA	0:36:57	30
298	Dale DePue	Fredericksburg	VA	0:37:31	33
335	Paula Scholl	Fredericksburg	VA	0:39:29	32
338	Katherine Elkins	Alexandria	VA	0:39:52	31
365	Kelly Ryan Hicks	Fredericksburg	VA	0:42:44	31

Women 35 to 39

72	Suzanne Edgar	Leonardtown	Md	0:27:18	36
95	Nina Burnett	Stafford	VA	0:28:22	37
104	Karen Fralen	Stafford	VA	0:28:49	38
106	Deborah McManus	FREDERICKSBURG	VA	0:28:52	37
128	Julie Heflin	Fredericksburg	VA	0:29:41	35
169	Mary Makarowski	Fredericksburg	VA	0:31:40	38
242	Terri Mosey	Fredericksburg	VA	0:34:45	37
250	Carla Walker	Fredericksburg	VA	0:34:55	35
270	Darlene Foley	Fredericksburg	VA	0:36:07	36
276	Linda Hutt	King George	VA	0:36:24	37
286	Heidi Miller	Fredericksburg	VA	0:36:51	36
320	Karen Herbert	Fredericksburg	VA	0:38:40	39
342	Dea Merchant	Fairfax	VA	0:40:23	35
345	Patricia Wheelbarger	Fredericksburg	VA	0:40:38	39
347	Rosanna Reed	Castleton	VA	0:40:40	38
352	Joann Smith	Stafford	VA	0:41:17	38
360	Laura Carlstrom	Stafford	VA	0:42:09	35
363	Lydia Lewis	Spotsylvania	VA	0:42:32	36
372	Margret Trieber	Herndon	VA	0:46:20	35
380	Donna Eubank	Spotsylvania	VA	0:55:03	39

Women 40 to 44

125	Maureen Lopina	Oak Hill	Va	0:29:32	43
146	Gale Dodd	Fredericksburg	VA	0:30:32	44
147	Anna Casillas	Fredericksburg	Va	0:30:32	41
150	Laurie S Poole	Quinton	VA	0:30:43	42
166	Elizabeth Quinn	Stafford	VA	0:31:19	41
179	Gail Donaldson	Fredericksburg	VA	0:32:08	43
218	Marylee Brown	Stafford	Va	0:34:03	43
233	Tammy Munsee	Fredericksburg	VA	0:34:28	40
238	Terri Nigrelli	Stafford	Va	0:34:38	40
248	Beth O'Neill	Fredericksburg	VA	0:34:53	40
259	Nancy Cooper	Colonial Beach	VA	0:35:28	44
265	Aileen Heim	Fairfax	VA	0:35:46	43
278	Sara Carty	Spotsylvania	VA	0:36:37	40
287	Karen Kennedy	Fredericksburg	VA	0:36:51	43
295	Nadine Aguilera	Fredericksburg	VA	0:37:13	42
313	Rita Truelove	Fredericksburg	VA	0:38:22	42
319	Pearl Guditus	FREDERICKSBURG	VA	0:38:40	40
324	Linda Blakemore	Fredericksburg	VA	0:38:50	40
330	Janet Butkus	Fredericksburg	VA	0:39:18	42
367	Tina Kelly	Fredericksburg	VA	0:43:03	40
371	Marie Jessique Gonzalez	Herndon	VA	0:46:19	40
375	Christie Scicli	Spotsylvania	VA	0:47:58	41

Women 45 to 49

132	Jean L Lauzon	Spotsylvania	VA	0:29:49	49
151	Liza Recto	Lexington PK	MD	0:30:46	47
172	Kate Spencer	Linden	VA	0:31:53	49
236	Beth Fisher	Fredericksburg	VA	0:34:33	45
279	Judy Early	Fredericksburg	VA	0:36:40	49
289	Angela Cottrell	Fredericksburg	VA	0:36:54	45
292	Barbara Baker	Fredericksburg	VA	0:37:06	49
312	Leslie Shinnors	Alexandria	VA	0:38:19	47
318	Sharon Colombo	Briston	VA	0:38:39	45
333	Kirsten J King	Warrenton	VA	0:39:27	47
357	Ann Handwork	Sumerduck	VA	0:42:04	49
366	Janet Bliss	Fredericksburg	VA	0:42:57	47
378	Barbara Sue Cryan	Centreville	VA	0:51:29	45

Women 50 to 54

211	Susan R Carnohan	Fredericksburg	VA	0:33:44	51
263	Brenda Purcell	Louisa	VA	0:35:42	54
277	Mary Hicks	Fredericksburg	VA	0:36:29	50
308	Jannette Martin	Fredericksburg	VA	0:37:58	52
316	Linda Lunney	King George	VA	0:38:28	51
322	Patsy Godley	Fredericksburg	VA	0:38:49	50
349	Melvey Brown	Fredericksburg	VA	0:40:52	50
355	Kay Ravdin	Fredericksburg	VA	0:41:24	52
362	Pat Lee	Fredericksburg	VA	0:42:31	51
370	Alice Hough	King George	VA	0:44:55	54
374	Nancy Murray	Fredericksburg	VA	0:47:07	53

Women 55 to 59

134	Nancy Crippen	Stafford	VA	0:29:56	55
181	Claudia Crawford	Stafford	VA	0:32:10	56

209	Barbara Davidson	Fredericksburg	VA	0:33:42	58
267	Margaret M. Gassert	Fredericksburg	VA	0:35:51	58
328	Nancy Cunningham	Oakton	VA	0:39:02	55
351	Annie Fillare	Spotsylvania	VA	0:41:04	58
373	Marcia R Hall	King George	VA	0:46:42	59

Women 60 to 64

258	Arlowene Garland	Warsaw	VA	0:35:27	64
-----	------------------	--------	----	---------	----

Clydesdale

1	Jeff Urbanski	Frederick	MD	0:24:58	39
2	David Boyd	Stafford	VA	0:26:27	38
3	John Lysher	Fredericksburg	VA	0:26:29	41
4	Sean Bryson	Arlington	VA	0:26:35	30
5	Joey Rice	Fredericksburg	VA	0:27:10	39
6	Jon Palks	Bowie	MD	0:27:28	53
7	Joseph A. Nicotera	Fredericksburg	VA	0:27:32	41
8	Damien Marsh	Fredericksburg	VA	0:28:02	34
9	Kyle Jones	Fredericksburg	VA	0:28:10	42
10	Jay Bienlien	Stafford	VA	0:28:20	34
11	Carey E Priebe	King George	VA	0:28:51	40
12	Jim Vollbrecht	Vienna	VA	0:28:58	58
13	Mark Phlegar	Fredericksburg	VA	0:29:37	47
14	John Houck	Stafford	VA	0:30:23	42
15	Jeffrey Grigsby	Fredericksburg	VA	0:30:31	38
16	Dave Poirier	Ruther Glen	VA	0:30:53	36
17	Craig Barton Penrose	Quantico	VA	0:30:55	38
18	Jim Donaldson	Fredericksburg	VA	0:30:56	43
19	Michael C Kamin	Fredericksburg	VA	0:31:55	33
20	James Rohr	New Baltimore	VA	0:31:56	42
21	Brian Carcstrom	Stafford	VA	0:32:00	36
22	Scott McCormick	Spotsylvania	VA	0:32:08	27
23	Tim Powers	Fredericksburg	VA	0:32:26	46
24	James Thull	Fredericksburg	VA	0:33:41	45
25	Josh McCarthy	Alexandria	VA	0:33:43	26
26	Charles D. Nottingham	Fredericksburg	VA	0:34:00	37
27	Lynn Struble	Spotsylvania	VA	0:34:12	46
28	John DiSilvestro	Edmond	OK	0:34:16	40
29	Guy Gormley	Fredericksburg	VA	0:34:22	37
30	Robert Maple	Fredericksburg	VA	0:34:27	32
31	Raymond Beaver	Fredericksburg	VA	0:34:29	35
32	Wayne Sanford	Fredericksburg	VA	0:34:34	38
33	Paul Tice	Stafford	VA	0:34:59	39
34	Clay Huber	Stafford	VA	0:35:45	36
35	Michael Thomas Holmes	Fredericksburg	VA	0:36:06	39
36	Brent Lazerson	Fredericksburg	VA	0:36:08	29
37	William J Murray	Fredericksburg	VA	0:36:13	56
38	Mark H. Eldert	Fredericksburg	VA	0:36:16	34
39	Gregory Leonard Pins	Fredericksburg	VA	0:36:43	40
40	Chris A. Knighting	Fredericksburg	VA	0:37:08	25
41	Paul Varga	Fredericksburg	VA	0:37:51	50
42	Kevin Lombard	Centreville	VA	0:39:13	29
43	Ronald E. Menold II	Fredericksburg	VA	0:39:28	34
44	Franz J Heymann	King George	VA	0:40:19	37
45	David Ballard	Fredericksburg	VA	0:41:22	42
46	Wayne Pullen	Fredericksburg	VA	0:41:23	28
47	Norm Root	Stafford	VA	0:42:08	51
48	Ted Parr	Alexandria	VA	0:48:13	43

Athena

1	Tammy Munsee	Fredericksburg	VA	0:34:28	40
2	Michelle Hupp	Quantico	VA	0:36:50	33
3	Jennifer Thull	Fredericksburg	VA	0:37:46	14
4	Leslie Shinnors	Alexandria	VA	0:38:19	47
5	Kelly Ryan Hicks	Fredericksburg	VA	0:42:44	31
6	Stacey Nocilla	Colonial Height	VA	0:43:38	23
7	Marie Jessique Gonzalez	Herndon	VA	0:46:19	40
8	Donna Eubank	Spotsylvania	VA	0:55:03	39

Created and Maintained by: [Matt Boyd](#).

Last Modified on 03/09/2003.

