

2004 SPCA Run For Shelter 5K, June 6, 2004

1	Matt Boyd	Fredericksburg	VA	0:16:22	34
	10 & Under				
195	Alex Boyd	Stafford	VA	0:27:21	9
248	Alex Girveans			0:29:46	9
	11 to 19				
4	Rich Saunders III	Ruther Glen	VA	0:17:02	15
11	Ethan Erevia	Stafford	VA	0:17:53	16
13	Patrick Quinn	Stafford	VA	0:18:03	16
21	Brett Anderson	Fredericksburg	VA	0:18:28	15
24	Keaton Davis	Stafford	VA	0:18:46	15
33	Benjamin Rooney	Stafford	VA	0:19:47	16
66	Drew Miller	Fredericksburg	VA	0:21:37	13
71	Jonathan Lewis	Fredericksburg	VA	0:21:48	13
73	Alex Cooper	Colonial Beach	VA	0:21:50	15
86	Daniel Cortez	Stafford	VA	0:22:18	16
118	Chris Stuzman	Woodbridge	VA	0:23:41	17
119	Shane Quinn	Stafford	VA	0:23:42	12
149	Patrick Bienlien	Stafford	VA	0:25:01	13
172	Jeffery R Adcock	Fredericksburg	VA	0:26:19	19
231	Luke Johnson	Fredericksburg	VA	0:28:42	11
270	Blake Thilkey	Fredericksburg	VA	0:31:57	18
278	Jonathan Price	Fredericksburg	VA	0:32:34	11
285	Paul Cooke III	Fredericksburg	VA	0:33:50	13
	20 to 29				
5	Alex Filides	McLean	Va	0:17:11	28
16	Thomas Ketchem	Fredericksburg	VA	0:18:12	26
38	Jared VanVaerene	newyckFredericksburg	VA	0:20:09	25
61	Ben Nicely	Fredericksburg	VA	0:21:29	29
70	James Gateau	Fredericksburg	VA	0:21:45	29
72	Seth King	Dumfries	Va	0:21:49	25
74	Ketan Chand	Gainesville	VA	0:21:52	25
78	Stephan Saunders	Farmville	VA	0:21:59	26
109	John Langan	Fredericksburg	VA	0:23:21	25
112	Wayne Mendivla	Fredericksburg	VA	0:23:25	26
115	Jim Utterback	Fredericksburg	VA	0:23:31	29
123	Jason Dorn	Spotsylvania	VA	0:23:56	21
124	Daniel Williams	Sterling	VA	0:23:57	25
151	Matthew Page	Woodbridge	VA	0:25:10	24
188	Eddy Almand	Fredericksburg	VA	0:27:01	28
189	Charles Brady	Fredericksburg	VA	0:27:03	27
214	Caleb Noble	Stafford	VA	0:28:03	22
253	Kevin Pushee	Fredericksburg	VA	0:30:38	22
299	Edward Siebels	Partlow	VA	0:37:47	28
	30 to 39				
2	Scott Mersiowsky	Fredericksburg	VA	0:16:46	38
3	Andrew Dolby	Fredericksburg	VA	0:16:51	36
6	Dan Putka	Fredericksburg	VA	0:17:14	31
8	Thomas Blackwell	Stafford	VA	0:17:32	33
9	Bob MacDonald	Fredericksburg	VA	0:17:43	30
10	Konrad Heller	Fredericksburg	VA	0:17:49	34
15	David Olichney	Fredericksburg	VA	0:18:08	37
17	David Boyd	Stafford	VA	0:18:14	39
19	Rob Cook	Fredericksburg	VA	0:18:26	31
27	Karl Kennedy	King George	VA	0:19:21	33
29	Brian Medved	Fredericksburg	VA	0:19:42	35
30	David Reynolds	Stafford	VA	0:19:44	39
44	Bob Blunkosky	Fredericksburg	VA	0:20:19	31
48	James B LaFratta	Fredericksburg	VA	0:20:37	37
52	Steve Rowles	Dahlgren	VA	0:20:57	36
56	Kent Meyer	Fredericksburg	VA	0:21:07	31
62	Jay Bienlien	Stafford	VA	0:21:31	36
65	Chance Chartters	Fredericksburg	VA	0:21:35	37
67	Reidar Larsen	Stafford	VA	0:21:42	39
97	Abraham Paulose	Fredericksburg	VA	0:22:49	37
99	Chris Turner	Fredericksburg	VA	0:22:51	30
101	Robert Sokol	Fredericksburg	VA	0:22:52	35
107	Dustin Canestorp	Fredericksburg	VA	0:23:08	31
120	Rob Wentz	Bristow	VA	0:23:43	38
127	Paul Campbell	Saint Leonard	MD	0:24:12	30
131	Chris Russell	Fredericksburg	VA	0:24:27	32
135	Jeff Barlett	Fredericksburg	VA	0:24:39	34
144	Arthur Speyer	Stafford	VA	0:24:55	32
171	Samuel Paul Horn	Fredericksburg	VA	0:26:17	30
173	Davis Farley	Fredericksburg	VA	0:26:20	30
190	Ronald E. Menold II	Washington	DC	0:27:08	35
191	Robert Mirriclees	Springfield	VA	0:27:10	34
193	Bryan Coleman	Mechanicsville	VA	0:27:15	37
197	Steven M Rossi	Fredericksburg	VA	0:27:28	37

230	Brian Rooney	Stafford	VA	0:28:38	38
240	Brian Vinci	Shepherdstown	WV	0:28:59	35
271	John Franklin	Fredericksburg	VA	0:32:02	36
276	Brad Lokrantz	Fredericksburg	VA	0:32:25	38
279	Ross Potts	Fredericksburg	VA	0:32:44	35
293	Russell Jones	Fredericksburg	VA	0:34:56	38
295	Scott Huff	Fredericksburg	VA	0:35:25	33

40 to 49

7	Ted Poulos	McLean	VA	0:17:28	42
12	Paul Serra	Lusby	MD	0:17:54	48
14	Jack Morrison	Hartwood	VA	0:18:04	44
18	Jimmy Price	Stafford	VA	0:18:21	44
20	Bret Schmidt	Fredericksburg	VA	0:18:27	45
22	Gary Grimsley	Springfield	VA	0:18:40	49
25	Brad H Cranick	Fredericksburg	VA	0:18:52	41
26	George Martinez	Quantico	VA	0:18:54	49
28	Gerry Griffin	Quantico	VA	0:19:30	43
32	John Lysher	Fredericksburg	VA	0:19:46	42
34	Mike DiSilvestro	Fredericksburg	VA	0:19:56	47
37	Randy Lasater	Fredericksburg	VA	0:20:08	47
40	Duane Williamson	Warrenton	VA	0:20:13	40
41	Mike Brooks	Fredericksburg	VA	0:20:14	47
43	Lynn P. Kline			0:20:17	42
45	Joseph A. Nicotera	Fredericksburg	VA	0:20:21	43
46	Rick Brigman	Fredericksburg	VA	0:20:22	40
47	Larry Anderson	Springfield	VA	0:20:27	48
51	Ralph Arquette	Fredericksburg	VA	0:20:51	48
54	Jack Green	Fredericksburg	VA	0:21:03	44
58	Michael Castilleja	Stafford	VA	0:21:09	40
60	Douglas H MacDowell	Fredericksburg	VA	0:21:18	49
69	Richard Truman	Stafford	VA	0:21:45	41
79	Glenn P. Messier	Fredericksburg	VA	0:22:00	46
81	Steven B Love	Fredericksburg	VA	0:22:03	47
82	Brian Scott	Fredericksburg	VA	0:22:14	44
85	Carey E Priebe	King George	VA	0:22:17	41
87	David K James	Fredericksburg	VA	0:22:19	43
88	John Lindner	Warrenton	VA	0:22:21	47
92	Vic Erevia	Stafford	VA	0:22:35	45
93	Rafael O Hernandez	Fredericksburg	VA	0:22:42	43
94	Kyle Jones	Fredericksburg	VA	0:22:44	43
96	Steve Wines	Marshall	VA	0:22:48	42
98	Michael Chevlin	Dumfries	VA	0:22:50	41
102	James Rohr	Warrenton	VA	0:22:53	43
105	Brad Smith	Fredericksburg	VA	0:23:05	48
108	Gary Dunn	Dogue	VA	0:23:15	41
111	Paul Cooke	Fredericksburg	VA	0:23:25	40
116	Porty Costello	Fredericksburg	VA	0:23:37	43
117	Chris Rice	Fredericksburg	VA	0:23:38	43
126	Terry McLaughlin	Spotsylvania	VA	0:24:07	43
130	Garret Faulds	King George	VA	0:24:25	48
132	Joseph Kairys	Fredericksburg	VA	0:24:34	42
137	Edward Dennasters	Fairfax	VA	0:24:42	45
153	James Laray	Fredericksburg	VA	0:25:17	40
154	Kevin Amos	Stafford	VA	0:25:18	48
160	Ross Girvans			0:25:41	41
161	Wayne Sanford	Fredericksburg	VA	0:25:45	40
164	Richard Anderson Jr	Spotsylvania	VA	0:25:51	48
166	Vic Culp	Stafford	VA	0:25:59	47
176	William Hollister	Fredericksburg	VA	0:26:30	46
201	Steven Johnson	Fredericksburg	VA	0:27:37	43
210	Gary Thomas	King George	VA	0:27:52	45
211	Andy Hayes	Fredericksburg	VA	0:27:57	40
227	Richard Kilgore	Fredericksburg	VA	0:28:32	42
252	John Allan	Quantico	VA	0:30:13	48
256	Jerry Reed	Fredericksburg	VA	0:31:02	44
259	Bob Holcombe	Stafford	VA	0:31:21	45
274	Ted Schubel	Fredericksburg	VA	0:32:15	43
284	John Schaffer	Fredericksburg	VA	0:33:46	47

50 to 59

31	Rolando Pancotti	Fredericksburg	VA	0:19:45	50
36	Harry Wiggins	Woodbridge	VA	0:20:02	55
39	Paul Riede	Stafford	VA	0:20:11	52
42	Bill Brooks	Fredericksburg	VA	0:20:16	50
49	Bobby Stevens	Stafford	VA	0:20:40	55
50	Allen Vaughan	Stafford	VA	0:20:47	53
53	Todd T Knapp	Manassas	VA	0:21:00	50
57	Ronald Edington	Fredericksburg	VA	0:21:08	57
64	Arthur Rhoads	Fredericksburg	VA	0:21:33	50
110	John H Walker	Chesapeake	VA	0:23:22	51
128	Jim Rose	Dahlgren	VA	0:24:22	51
129	Randall Washburn	Fredericksburg	VA	0:24:24	58
133	David Thomen	Stafford	VA	0:24:37	54
141	Larry N. Cooper	Colonial Beach	VA	0:24:52	52

158	Ed Robbins	Fredericksburg	VA	0:25:27	50
165	Bob Rycroft	Fredericksburg	VA	0:25:52	54
174	William J Murray	Fredericksburg	VA	0:26:21	58
175	R. Bruce Richardson	Fredericksburg	VA	0:26:22	50
182	F Bruce Thomas	Fredericksburg	VA	0:26:49	58
183	Chip Reamy	Fredericksburg	VA	0:26:51	56
187	Lee Dick	Fredericksburg	VA	0:26:58	55
198	John Scott	Partlow	VA	0:27:30	55
209	Paul S Cariker	Fredericksburg	VA	0:27:50	51
212	Jay Oaks	Springfield	VA	0:27:58	56
236	Mike Johnson	Woodbridge	VA	0:28:53	54
243	Bob Brammer	Fredericksburg	VA	0:29:12	51
251	Michael T. Lewis	Fredericksburg	VA	0:30:03	50

60 to 99

55	Sammy Merrill	Fredericksburg	VA	0:21:05	62
80	Arthur Reynolds	Woodbridge	VA	0:22:03	65
83	Maurice Davidson	Fredericksburg	VA	0:22:15	62
103	Richard Williams	Alexandria	VA	0:22:57	68
148	Durrell Boyd	King George	VA	0:25:00	60
196	Charles C Hall	King George	VA	0:27:27	63
200	Robert L Gurtler	The Plains	VA	0:27:34	69
203	Paul Greenberg	Stafford	VA	0:27:39	68
233	Ferris Portner Jr	King George	VA	0:28:47	75
234	Leo Rigsby	Fredericksburg	VA	0:28:48	65
246	Robert W Hill	King George	VA	0:29:40	66
292	William L Helton	Fredericksburg	VA	0:34:05	68
303	Haag Scott	Locust Grove	VA	0:43:13	74

WOMEN

Overall

23	Heidi Sondermann	Stafford	VA	0:18:40	23
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10 & Under

273	Megan Reed	Fredericksburg	VA	0:32:13	9
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11 to 19

75	Robin Vanneman	Stafford	VA	0:21:53	15
76	Claudia Vincenti	Stafford	VA	0:21:53	15
89	Jessica Reynolds	Stafford	VA	0:22:23	17
90	Sara T Lasker	Fredericksburg	VA	0:22:25	13
95	Tina Dilege	Stafford	VA	0:22:46	16
113	Leah Schubel	Fredericksburg	VA	0:23:26	13
136	Emily Brimer	Fredericksburg	VA	0:24:42	18
139	Alyssa Engiles	Stafford	VA	0:24:50	15
150	Vanessa Amos	Stafford	VA	0:25:10	18
163	Katherine Arquette	Fredericksburg	VA	0:25:50	13
208	Emily Butcher	Spotsylvania	VA	0:27:46	19
226	Caroline Phlegar	Fredericksburg	VA	0:28:30	12
244	Lara Cariker	Fredericksburg	VA	0:29:26	15
245	Allison Beth Zaben	Fredericksburg	VA	0:29:39	18

20 to 29

59	Maria Hingle	Fredericksburg	VA	0:21:16	20
100	Megan Orient	Fredericksburg	VA	0:22:52	27
106	Karli Schneider	Fredericksburg	VA	0:23:07	21
125	Jennifer Rose	King George	VA	0:23:59	26
157	Jenny Wilkins	Fredericksburg	VA	0:25:25	26
177	Karen Stengle	Fredericksburg	VA	0:26:31	24
178	Jamie Berwick	Fredericksburg	VA	0:26:32	25
202	Amanda Almand	Fredericksburg	VA	0:27:38	24
213	Erin Greene	Fredericksburg	VA	0:27:59	27
218	Shannon King	Dumfries	VA	0:28:09	25
220	Suzanne Powers	Quantico	VA	0:28:13	25
222	Laurel Meier	Fredericksburg	VA	0:28:27	29
223	Elise Fasick	Springfield	VA	0:28:29	21
224	Kathy Wainwright	Springfield	VA	0:28:29	22
225	Lauren Eisold	Vienna	VA	0:28:30	22
235	Tanya Guerrero	Great Falls	VA	0:28:52	24
238	Stephanie Shepard	Fredericksburg	VA	0:28:56	20
242	Shandelle Wiliford	Fredericksburg	VA	0:29:05	27
257	Misha Sanborn	West Palm Bch	FL	0:31:06	25
258	Jennifer O'Leary	Fredericksburg	VA	0:31:08	22
265	Meagan Lindsay	Fredericksburg	VA	0:31:32	23
266	Nancy Campbell	Saint Leonard	MD	0:31:40	29
269	Sarah Cote	Fredericksburg	VA	0:31:57	26
275	Rhianna Mathias	Fredericksburg	VA	0:32:17	25
289	Brooke Ginn	Tappahannock	VA	0:33:58	26
290	Hannah VanVaerenewyck	Fredericksburg	VA	0:34:00	23
291	Amanda Brady	Quantico	VA	0:34:01	26
294	Glenda Sanchez	Fredericksburg	VA	0:34:57	27
301	Beth Siebels	Partlow	VA	0:40:40	26
305	Susan Brison	Fredericksburg	VA	0:45:37	29
306	Jennifer Maxfield	Spotsylvania	VA	0:45:38	27

30 to 39

35	Lana Marsh	Fredericksburg	VA	0:20:00	37
68	Nina Burnett	Stafford	VA	0:21:43	38
91	Julie Bienlien	Stafford	VA	0:22:32	34
104	Faye Krause	Fredericksburg	VA	0:23:01	38
114	Kristine Hodgins	Fredericksburg	VA	0:23:29	38
122	Holly Horn	Fredericksburg	VA	0:23:55	32
140	Melissa Greenstein	Stafford	VA	0:24:51	33
142	Tracy Edwards	Fredericksburg	VA	0:24:53	30
147	Liz Prady	Fredericksburg	VA	0:24:57	30
155	Karen-Marie Hyland	Fredericksburg	VA	0:25:22	33
159	Rhonda Ott	Locust Grove	VA	0:25:29	34
162	Sarah Chevlin	Dumfries	VA	0:25:49	37
168	Paula Scholl	Fredericksburg	VA	0:26:08	33
179	Caren Walker	Fredericksburg	VA	0:26:38	31
186	Christina Beggs	Fredericksburg	VA	0:26:56	39
194	Eliana Walsh	Triangle	VA	0:27:18	37
205	Cheryl MacDonald	Fredericksburg	VA	0:27:40	33
207	Linda Hutt	King George	VA	0:27:45	38
215	Mary Tanke	Stratford	VA	0:28:08	33
216	Charlotte Kuntz	Panama City	VA	0:28:08	37
228	Jennifer Conlee	Fredericksburg	VA	0:28:34	34
232	Heidi Miller	Fredericksburg	VA	0:28:45	37
254	Anita Childress	Fredericksburg	VA	0:30:56	32
255	Deneal Helms	Fredericksburg	VA	0:30:59	35
260	Shauna Dickinson	Fredericksburg	VA	0:31:21	31
261	Mary Contreras	Fredericksburg	VA	0:31:22	31
262	Kristie Wolf	Fredericksburg	VA	0:31:26	33
264	Angela Gross	Tappahannock	VA	0:31:31	31
267	Stacy Stovell	Fredericksburg	VA	0:31:45	37
277	Christina Jones	Fredericksburg	VA	0:32:29	36
280	Amy Strickland	Fredericksburg	VA	0:33:03	33
286	Alexis Sappenfield	Spotsylvania	VA	0:33:54	30
296	Jennifer Huff	Fredericksburg	VA	0:35:26	31
300	Trace East	Spotsylvania	VA	0:40:40	30
302	Justine Cooke	Fredericksburg	VA	0:40:51	39

40 to 49

63	Ellen Jones	Fredericksburg	VA	0:21:32	41
77	Jenny Rexrode	Fredericksburg	VA	0:21:55	49
121	Anna Casillas	Fredericksburg	VA	0:23:51	42
134	Nancy Ball	Fredericksburg	VA	0:24:38	48
143	Nancy Cooper	Colonial Beach	VA	0:24:54	45
152	Cecilia Franklin	Stafford	VA	0:25:14	44
156	Marylee Brown	Stafford	VA	0:25:24	44
167	Beth Wlawither	Fredericksburg	VA	0:26:03	43
169	Trista Chapman	Fredericksburg	VA	0:26:13	40
170	Susan DiClemente	Garrisonville	VA	0:26:14	40
180	Mary Rigsby	Fredericksburg	VA	0:26:47	49
181	Beth Fisher	Fredericksburg	VA	0:26:48	46
184	Nadine Aguilera	Fredericksburg	VA	0:26:52	43
204	Janice Lasker	Fredericksburg	VA	0:27:40	44
206	Yvonne M Price	Fredericksburg	VA	0:27:43	42
237	Rene Allen	Quantico	VA	0:28:54	41
249	Donna Bisbee	Portland	ME	0:29:58	47
263	Valerie Castilleja	Stafford	VA	0:31:30	41
268	Debra Fair	Fredericksburg	VA	0:31:52	41
281	Robin Small	Fredericksburg	VA	0:33:14	49
283	Tina Maurer	Stafford	VA	0:33:44	48
288	Caroline Nicotera	Fredericksburg	VA	0:33:57	42
297	Christie Scicli	Spotsylvania	VA	0:36:33	42
298	Diana Hollister	Fredericksburg	VA	0:36:37	43
304	Debbie Schaffer	Fredericksburg	VA	0:43:51	46

50 to 59

84	Jean L Lauzon	Spotsylvania	VA	0:22:17	51
138	Colleen Himelright	Fredericksburg	VA	0:24:47	56
145	Esther Opoku	Fredericksburg	VA	0:24:55	55
146	Susan R Carnohan	Fredericksburg	VA	0:24:56	52
192	Mary Hicks	Fredericksburg	VA	0:27:12	51
199	T. Hankerson	Fredericksburg	VA	0:27:33	53
217	Ann Reamy	Fredericksburg	VA	0:28:09	56
219	Brenda Purcell	Louisa	VA	0:28:10	55
221	Barbara Davidson	Fredericksburg	VA	0:28:24	59
229	Barbara Baker	Fredericksburg	VA	0:28:36	50
239	Jannette Martin	Fredericksburg	VA	0:28:57	53
241	Judy Early	Fredericksburg	VA	0:29:00	50
247	Annie Fillare	Spotsylvania	VA	0:29:42	59
250	Ann Handwork	Sumerduck	VA	0:30:02	50
287	Nancy Murray	Fredericksburg	VA	0:33:55	54

60 to 69

185	Arlowene Garland	Warsaw	VA	0:26:55	65
272	Marcia R Hall	King George	VA	0:32:07	60

282 Patricia ReynoldsWoodbridge VA 0:33:17 64

Created and Maintained by: [Matt Boyd](#).
Last Modified on 06/08/2004.