

## 2005 Park Ridge 5K Race Results

October 15, 2005

### MENS OVERALL

1	Alex Hetherington	Stafford	VA	0:16:41	38
2	Matt Boyd	Fredericksburg	VA	0:17:07	35
3	Dan Putka	Fredericksburg	VA	0:17:19	32

### MENS MASTERS

4	Ted Poulos	McLean	VA	0:17:41	43
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### Men 9 to 10

124	Ruben Llamas			0:25:23	9
161	Zachary Martinez	Stafford	VA	0:28:11	10
175	Franklin Marrs	Rapidan	VA	0:28:57	10
193	CJ Monroe	Stafford	VA	0:30:42	10
210	Marcus Johnson			0:32:08	10
211	Alex Boyd	Stafford	VA	0:32:13	10
223	Jonathan MacLeod	Stafford	VA	0:33:19	9

### Men 11 to 13

34	Trevor Deligne	NOKESVILLE	VA	0:20:08	11
49	Shane Quinn	Stafford	VA	0:21:14	13
50	Alexander Famodu	Stafford	VA	0:21:15	13
76	Zach Sbragia	Stafford	VA	0:22:30	13
87	Bill Gonzales	Stafford	VA	0:23:21	12
103	Steven Corcoran	Stafford	VA	0:23:51	13
116	Reid Soggs	Stafford	VA	0:24:50	11
119	Trey Thomas	Fredericksburg	VA	0:25:06	12
138	Dustin Schmidtknecht	Stafford	VA	0:26:33	13
145	Joshua Lyons	Madison	VA	0:26:48	11
173	J.T. Krill			0:28:46	12
238	Danny Reitwiesner	Fredericksburg	VA	0:40:25	11

### Men 14 to 19

8	Lucas Hatcher	Stafford	VA	0:17:56	16
9	Kyle Garcia	Stafford	VA	0:17:57	14
10	John Clark Jr			0:18:17	14
18	BJ Mims			0:19:05	15
21	Benjamin Rooney	Stafford	VA	0:19:27	17
23	Logan Dalgarn	Stafford	VA	0:19:28	15
30	Nicholas Ducharme-Barth	Fredericksburg	VA	0:19:58	15
37	Steven Schmitz	Stafford	VA	0:20:22	14
44	Justin Bond			0:20:36	14
60	Chris Hite			0:21:51	17
79	Alex Cooper	Colonial Beach	VA	0:22:36	17
100	Zach Whittle			0:23:48	16
110	Matt Erdley			0:24:37	14
125	Thomas Bond			0:25:30	17
134	Timothy Quinn	Stafford	VA	0:26:12	14

### Men 20 to 24

7	Brandon Scott Swecker	Stafford	VA	0:17:48	22
47	Clifton Davis	Stafford	VA	0:20:50	23
207	Ryan Parker	Stafford	VA	0:31:46	21
222	Mark Beiswanger	Stafford	VA	0:33:11	20

### Men 25 to 29

39	Leander Sage			0:20:29	28
67	Seth King	Dumfries	Va	0:22:04	27
97	Jay Allison	Mechanicsville	VA	0:23:38	26

### Men 30 to 34

15	Bob MacDonald	Fredericksburg	VA	0:18:45	31
26	Leslie Woodley	Woodbridge	VA	0:19:35	34
31	Andy Gotchel	King George	VA	0:20:00	33
58	Terry Postma	Garrisonville	VA	0:21:47	34
62	Chris Burns	Fredericksburg	VA	0:21:59	31
70	Jonathan Rochkind	Dumfries	VA	0:22:10	32
118	Craig Henzler	Fredericksburg	VA	0:24:59	33
122	Greg Deal	Dumfries	VA	0:25:17	30

### Men 35 to 39

5	Scott Mersiowsky	Fredericksburg	VA	0:17:44	39
6	Andrew Dolby	Fredericksburg	VA	0:17:47	37
19	James Kotwicki	Stafford	VA	0:19:20	36
20	William Rysanek	Stafford	VA	0:19:26	38
33	Brian Medved	Fredericksburg	VA	0:20:04	36
38	Jeffrey Morgan	Stafford	VA	0:20:25	37
43	James B LaFratta	Fredericksburg	VA	0:20:36	39
48	Joe Dupont			0:21:14	39

53	Steve Rowles	Dahlgren	VA	0:21:23	37
64	Daryl Bullock	Fredericksburg	VA	0:22:02	39
75	Benton Larsen	Stafford	VA	0:22:26	37
91	Abraham Paulose	Fredericksburg	VA	0:23:28	39
92	Stuart Shoppell			0:23:30	37
148	Tom Wise	Fairfax	VA	0:27:00	37
163	Jonathon A White			0:28:13	35
178	Richard Pennington	Stafford	VA	0:29:07	39
239	Jim Sweigart			0:40:28	35
242	David LaPredd			0:41:35	39

## Men 40 to 44

22	Duane Williamson	Warrenton	VA	0:19:28	42
28	Brad H Cranick	Fredericksburg	VA	0:19:41	43
74	Clay Bunting	Stafford	VA	0:22:17	44
77	Lewis Martin	Fredericksburg	VA	0:22:31	43
93	Jed Christianson			0:23:31	44
95	Pat Connors	Fredericksburg	VA	0:23:36	44
98	Mike Shields	Fredericksburg	VA	0:23:39	43
105	Caleb L Hamilton	Stafford	VA	0:24:06	43
108	Ward J Warren	Fredericksburg	VA	0:24:28	43
112	Team Jinks			0:24:39	42
121	David Croteau	Stafford	VA	0:25:16	42
160	Michael Busansky	Stafford	VA	0:28:06	41
180	Douglas Schmidtknecht			0:29:21	41

## Men 45 to 49

12	Terry McLaughlin	Spotsylvania	VA	0:18:24	45
13	Jack Morrison	Hartwood	VA	0:18:29	46
16	Michael Garcia	Stafford	VA	0:18:47	49
25	Mike Brooks	Fredericksburg	VA	0:19:32	48
27	Mike DiSilvestro	Fredericksburg	VA	0:19:37	48
51	John Clark			0:21:18	48
68	Larry Anderson	Springfield	VA	0:22:05	49
71	David Anderson	Stafford	VA	0:22:11	45
82	John Wagner	Stafford	VA	0:22:59	48
106	Vic Culp	Fredericksburg	VA	0:24:11	49
120	Garret Faulds	King George	VA	0:25:09	49
130	James Thull	Fredericksburg	VA	0:25:52	48
137	Jaun Thede	Stafford	VA	0:26:32	45
149	Darrell Philpot			0:27:07	45
154	Robert Bond	Port Hueneme	CA	0:27:47	48
208	Herb Childs	Stafford	VA	0:31:57	49
214	Tony Torres	Stafford	VA	0:32:21	45
230	Robert Johnston	Stafford	VA	0:34:39	47

## Men 50 to 54

14	Gary Grimsley	Springfield	VA	0:18:39	51
32	Shah Mehrabi	Fredericksburg	VA	0:20:01	53
45	Chris T. Hara	Stafford	VA	0:20:44	51
55	Thomas Vanneman	Stafford	VA	0:21:27	50
57	Todd T Knapp	Manassas	VA	0:21:36	52
66	Arthur Rhoads	Fredericksburg	VA	0:22:04	52
72	Ralph Arquette	Fredericksburg	VA	0:22:13	50
132	Barry P. Fitz-James	Stafford	VA	0:25:57	54
135	Jim Rose	Dahlgren	VA	0:26:22	52
136	Mike Dooney			0:26:27	53
153	Larry Blevins	Fredericksburg	VA	0:27:39	53
212	Andy Martin	Spotsylvania	VA	0:32:13	53
216	Bob Brammer	Fredericksburg	VA	0:32:45	52

## Men 55 to 59

36	Bobby Stevens	Stafford	VA	0:20:21	56
42	Allen Vaughan	Stafford	VA	0:20:35	55
81	Steven L Schaeffer	Mt Airy	MD	0:22:57	56
84	Ronald Edington	Fredericksburg	VA	0:23:17	58
128	David Thomen	Stafford	VA	0:25:39	55
155	William J Murray	Fredericksburg	VA	0:27:51	59
219	Greg Johnson	Fredericksburg	VA	0:33:00	58

## Men 60 to 64

17	Patrick Griffith	Alexandria	VA	0:18:56	60
78	Maurice Davidson	Fredericksburg	VA	0:22:33	63
141	Durrell Boyd	King George	VA	0:26:40	61
198	Charles C Hall	King George	VA	0:31:05	64

## Men 65 to 99

94	Richard Williams	Alexandria	VA	0:23:35	69
117	Arthur Reynolds	Woodbridge	VA	0:24:52	66
158	Tom Kenney	Glen Echo	MD	0:28:00	72
169	Robert L Gurtler	The Plains	VA	0:28:30	70
200	Ferris Portner Jr	King George	VA	0:31:08	76
209	Bill Cody	Stafford	VA	0:32:02	67

## WOMENS OVERALL

11	Johanna Allen	Woodbridge	VA	0:18:19	24
24	Brittany Copeland	Stafford	VA	0:19:31	16
29	Ruth Olson	Spotsylvania	VA	0:19:42	43

## WOMENS MASTER

50	Carol Krill	Stafford	VA	0:21:15	41
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## Women 0 to 6

206	Alexandra Holbrook	Stafford	VA	0:31:39	6
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## Women 9 to 10

227	Alyssa Hayman			0:34:28	9
241	Samantha LaPradd	Stafford	VA	0:41:35	9

## Women 11 to 13

80	Riana Wilhelm	Stafford	VA	0:22:47	12
83	Erin Hickey	Stafford	VA	0:23:07	13
139	Aspen Pash			0:26:33	12
162	Sandi Hicks	Stafford	VA	0:28:12	13
183	Hannah Cooper	Colonial Beach	VA	0:30:07	13
192	Shawde Johnson			0:30:41	13
199	Katie Cook	Stafford	VA	0:31:06	12
202	Alayna Martin	Stafford	VA	0:31:14	12
203	Catherine Gillespie			0:31:18	11
226	Amy Stout			0:34:18	12
234	Sarah Hall			0:34:51	12

## Women 14 to 19

35	Sara T Lasker	Fredericksburg	VA	0:20:17	15
40	Leah Schubel	Fredericksburg	VA	0:20:30	14
41	Brittany Wilhelm	Stafford	VA	0:20:34	15
52	Robin Vanneman	Stafford	VA	0:21:19	17
54	Claudia Vincenti	Stafford	VA	0:21:26	16
65	Jessica Reynolds	Stafford	VA	0:22:03	19
73	Jarryd Mushatt-Valrie	Stafford	VA	0:22:15	17
86	Caroline Phlegar	Fredericksburg	VA	0:23:20	14
89	Jessica Warren			0:23:23	14
102	Christina Pierson			0:23:50	15
114	Alyssa Engiles	Stafford	VA	0:24:44	17
115	Corrine Tye			0:24:49	17
143	Helen Jaques			0:26:47	17
144	Cameron Lewis			0:26:47	17
146	Tara Kelly			0:26:55	17
147	Kelly Wright	Stafford	VA	0:26:55	17
195	Hannah Childs	Stafford	VA	0:30:59	14

## Women 20 to 24

69	Maggie Frye	Spotsylvania	VA	0:22:07	20
88	Chris Whittle			0:23:22	23
151	Danielle Liberatore	Stafford	VA	0:27:19	22
179	Karissa Johnsen	Plymouth	MN	0:29:14	21
196	Rachel Davis	Stafford	VA	0:30:59	23
205	Kirsten Harker	Stafford	VA	0:31:28	21

## Women 25 to 29

85	April Herlevi	Fredericksburg	VA	0:23:19	27
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## Women 30 to 34

46	Tresa Jones	Fredericksburg	VA	0:20:48	30
96	Paula Scholl	Fredericksburg	VA	0:23:37	34
129	Renae Sannicolas	Stafford	VA	0:25:48	32
133	Michelle Reday	Fairfax	VA	0:25:59	34
152	Caren Walker	Fredericksburg	VA	0:27:31	32
156	Victoria Ellis			0:27:53	31
165	Richele Scuro	Spotsylvania	VA	0:28:18	32
171	Karen Egyud	Stafford	VA	0:28:38	34
172	Yesenia Llamas			0:28:44	33
181	Bonnie Garrison	Stafford	VA	0:29:43	30
189	Kim Fitzpatrick	Stafford	VA	0:30:31	32
191	Malisa Tidwell	Fredericksburg	VA	0:30:40	31
194	Wendy Monroe			0:30:43	30
213	Melissa Kennedy	Stafford	VA	0:32:19	32
225	Michelle Wallis	Stafford	VA	0:33:37	33
232	Joyce Lopes	Dumfries	Va	0:34:48	30
235	Renee Lamprecht	Stafford	VA	0:35:17	34
240	Jenn Sweigart			0:40:28	32

## Women 35 to 39

61	Debra Doroher	Fredericksburg	VA	0:21:56	37
101	Melissa Unrath	Stafford	VA	0:23:50	37
104	Carol Carlson	Stafford	VA	0:23:52	39
107	Darline Buchannon	Stafford	VA	0:24:21	38
111	Kate Chesley	Fredericksburg	VA	2:47:38	36
113	Karen Reynolds	Stafford	VA	0:24:41	39
126	Helena Bozarth	Fredericksburg	VA	0:25:36	39

140	Amy Clodius	Fredericksburg	VA	0:26:36	39
166	Deborah Irvin	Fredericksburg	VA	0:28:19	39
186	Vicky Slaughter			0:30:22	37
187	Tiffany Powell	Stafford	VA	0:30:24	36
197	Paula Pennington	Stafford	VA	0:31:03	39
201	Deneal Helms	Fredericksburg	VA	0:31:11	37
224	Michelle MacLeod	Stafford	VA	0:33:20	37
233	Wendy Sibley	Stafford	VA	0:34:49	36
236	Robin Purvis	Fredericksburg	VA	0:35:31	35

## Women 40 to 44

63	Erin Thede	Stafford	VA	0:22:01	40
90	Jennifer Quinn	Stafford	VA	0:23:26	40
150	Deborah Perry	Stafford	VA	0:27:14	42
157	Nathalie Bullock	Fredericksburg	VA	0:27:57	40
168	Sharon Firewicz	Fredericksburg	VA	0:28:25	41
184	Linda Hutt	King George	VA	0:30:12	40
217	Patricia Wheelbarger	Fredericksburg	VA	0:32:46	42
218	Christie Scicli	Spotsylvania	VA	0:32:51	43
228	Cheryl Hayman			0:34:33	40
229	Beth Jacques	Stafford	VA	0:34:33	44

## Women 45 to 49

109	Sue Pash	Stafford	VA	0:24:29	45
123	Janice Lasker	Fredericksburg	VA	0:25:22	45
164	Nancy Cooper	Colonial Beach	VA	0:28:16	47
167	Nadine Aguilera	Fredericksburg	VA	0:28:23	45
170	Victoria Clark	Stafford	VA	0:28:36	46
174	Beth Fisher	King George	VA	0:28:48	48
221	Lynne Beiswanger	Stafford	VA	0:33:10	46
243	Karen Johnson			0:47:52	45

## Women 50 to 54

59	Jenny Rexrode	Fredericksburg	VA	0:21:47	51
99	Jean L Lauzon	Spotsylvania	VA	0:23:40	52
142	Gretchen Schlag	Fredericksburg	VA	0:26:42	54
159	Mary Hicks	Fredericksburg	VA	0:28:04	52
182	Judy Early	Fredericksburg	VA	0:29:44	51
237	Ethel M. Guerrero	Arlington	VA	0:37:12	50

## Women 55 to 59

127	Colleen Himelright	Fredericksburg	VA	0:25:37	57
131	Jane Poole	Falls Church	VA	0:25:54	58
177	Kay Ravdin	Fredericksburg	VA	0:28:58	55
185	Alice Hough	King George	VA	0:30:19	57
188	Jannette Martin	Fredericksburg	VA	0:30:25	55
231	Nancy Murray	Fredericksburg	VA	0:34:44	56

## Women 60 to 64

190	Annie Fillare	Spotsylvania	VA	0:30:38	61
204	Barbara Davidson	Fredericksburg	VA	0:31:23	60
215	Marilyn Love	Stafford	VA	0:32:40	62
220	Marcia R Hall	King George	VA	0:33:02	62

## Women 65 to 99

176	Arlowene Garland	Warsaw	VA	0:28:57	67
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Created and Maintained by: [Matt Boyd](#).

Last Modified on 10/23/2005.

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