

## 2005 Rosner Shamrock 5K Run

13 March 2005

## Mens Overall

1	Patrick Quinn	Stafford	VA	0:16:45	16
2	Matt Boyd	Fredericksburg	VA	0:16:54	34
3	Ted Poulos	McLean	VA	0:17:04	43

## Men 0 to 19

9	Daniel Lee	Ruther Glen	VA	0:17:47	16
12	Douglas Richardson	King George	VA	0:18:10	18
18	Colt Resnick	Fredericksburg	VA	0:18:50	16
62	Shane Quinn	Stafford	VA	0:21:42	12
73	Kyle Reese	Fredericksburg	VA	0:22:15	15
85	Brandon Clodius	Fredericksburg	VA	0:22:43	16
93	Drew Miller	Fredericksburg	VA	0:23:13	13
103	Alex Cooper	Colonial Beach	VA	0:23:40	16
120	Jacob Lysher	Fredericksburg	VA	0:24:26	13
210	Alex Boyd	Stafford	VA	0:30:23	10
231	Timothy Quinn	Stafford	VA	0:31:12	14
239	Christian Purvis	Fredericksburg	VA	0:32:12	10
253	Clay Tucker	Fredericksburg	VA	0:33:30	8

## Men 20 to 24

22	Ron Shriver	Spotsylvania	VA	0:19:10	22
142	Matthew Tucker	Fredericksburg	VA	0:25:27	20

## Men 25 to 29

5	Robert M Strickland	Garrisonville	VA	0:17:23	25
13	Thomas Ketchem	Fredericksburg	VA	0:18:11	27
50	Seth King	Dumfries	VA	0:20:48	26
56	Bryan Wagaman	Fredericksburg	VA	0:21:19	29
98	James Gateau	Fredericksburg	VA	0:23:26	29
100	Wayne Mendiola	Fredericksburg	VA	0:23:29	27

## Men 30 to 34

8	Dan Putka	Fredericksburg	VA	0:17:46	31
10	Bob MacDonald	Fredericksburg	VA	0:17:54	30
16	Alvaro Melendez	Fredericksburg	VA	0:18:40	31
17	Karl Kennedy	Stuarts Draft	VA	0:18:48	34
42	Erik Jilson	Fredericksburg	VA	0:20:25	34
51	Bob Blunkosky	Fredericksburg	VA	0:20:49	31
86	Scott Hyldahl	Fredericksburg	VA	0:22:46	33
107	Chris Burns	Fredericksburg	VA	0:23:48	31
166	Kenneth McKane	Fredericksburg	VA	0:26:38	32

## Men 35 to 39

4	Andrew Dolby	Fredericksburg	VA	0:17:05	37
7	Scott Mersiowsky	Fredericksburg	VA	0:17:45	39
15	Konrad Heller	Fredericksburg	VA	0:18:31	35
27	Brian Medved	Fredericksburg	VA	0:19:29	36
34	Lawrence R. Alexander	Stafford	VA	0:19:54	36
57	Edmund J Sabo II	Fredericksburg	VA	0:21:21	38
58	Chance Chartters	Fredericksburg	VA	0:21:33	38
64	Clay Huber	Stafford	VA	0:21:48	38
65	Steve Rowles	Dahlgren	VA	0:21:55	37
78	Abraham Paulose	Fredericksburg	VA	0:22:28	38
81	Scott Stachelek	Stafford	VA	0:22:34	38
99	Guy Gormley	Fredericksburg	VA	0:23:28	39
101	Daryl Chesley	Fredericksburg	VA	0:23:31	35
128	John David Dondurant	Fredericksburg	VA	0:24:49	35
130	Paul Hession	Fredericksburg	VA	0:24:52	39
143	Mark Clark	Fredericksburg	VA	0:25:28	35
192	Jeff Barlett	Fredericksburg	VA	0:28:52	35
214	John Franklin	Fredericksburg	VA	0:30:45	36
219	John Jenkins	King George	VA	0:30:55	36
254	Duke Tucker	Fredericksburg	VA	0:33:32	36

## Men 40 to 44

6	Terry McLaughlin	Spotsylvania	VA	0:17:35	44
19	David Boyd	Stafford	VA	0:18:53	40
21	David Reynolds	Stafford	VA	0:19:06	40
23	Rob Heflin	Fredericksburg	VA	0:19:17	42
25	Brad H Cranick	Fredericksburg	VA	0:19:23	42
31	Jeff Van Horn	Stafford	VA	0:19:39	40
32	Duane Williamson	Warrenton	VA	0:19:42	41
35	Roger Dalziel	Stafford	VA	0:19:55	40
38	John Lysher	Fredericksburg	VA	0:20:08	43
44	Lars Dahl	Stafford	VA	0:20:34	43
45	Joseph A. Nicotera	Fredericksburg	VA	0:20:38	43
55	Michael Castilleja	Stafford	VA	0:21:06	41
67	Clint Kiser	Fredericksburg	VA	0:21:59	43
96	Patrick J. Coulson	Stafford	VA	0:23:21	42
97	Steve Wines	Marshall	VA	0:23:23	43

108	Jim Ewing	Stafford	VA	0:23:51	43
111	Caleb L Hamilton	Stafford	VA	0:23:57	42
117	James Rohr	Warrenton	VA	0:24:12	44
122	Michael Chevlin	Dumfries	Va	0:24:30	42
129	Christopher D Purvis	Fredericksburg	VA	0:24:50	40
134	Chris Gard	Fredericksburg	VA	0:25:03	43
138	Rick Caporali	Spotsylvania	VA	0:25:15	42
144	David Broman	Fredericksburg	VA	0:25:37	41
155	John Carter	Fredericksburg	VA	0:26:06	44
157	Michael Nichols	Stafford	VA	0:26:13	41
169	Tim Keilty	Fredericksburg	VA	0:26:47	40
170	Wayne Sanford	Fredericksburg	VA	0:26:51	40
180	Jack Hyland	Fredericksburg	VA	0:27:50	41
260	Ted Schubel	Fredericksburg	VA	0:34:34	43

## Men 45 to 49

14	Jimmy Price	Stafford	VA	0:18:31	45
26	Mike Brooks	Fredericksburg	VA	0:19:27	48
33	David J Smith	Tappahannock	VA	0:19:49	48
36	Mike DiSilvestro	Fredericksburg	VA	0:19:56	48
39	John L Timmerman	Fredericksburg	VA	0:20:18	46
40	Jack Green	Fredericksburg	VA	0:20:19	45
41	Bret Schmidt	Fredericksburg	VA	0:20:24	45
43	Bill Wolchak	Stafford	VA	0:20:30	45
53	Larry Anderson	Springfield	VA	0:20:59	49
54	Ralph Arquette	Fredericksburg	VA	0:21:04	49
80	Glenn P. Messier	Fredericksburg	VA	0:22:31	46
91	Rod Schlemm	King George	VA	0:22:56	48
92	Vic Culp	Fredericksburg	VA	0:22:57	48
94	Edward Semeia	Fredericksburg	VA	0:23:19	45
104	Ken Elium	Fredericksburg	VA	0:23:43	45
119	Bob Gauvin	Stafford	VA	0:24:24	49
121	Thomas R Hummer	Fredericksburg	VA	0:24:29	47
124	Keith R Potterton	Fredericksburg	VA	0:24:41	47
140	Jack Ervin	Locust Grove	VA	0:25:18	49
150	Andrew Cohen	Woodbridge	VA	0:25:48	46
163	Tim Mitchell	Fredericksburg	VA	0:26:35	47
167	Rod Adams	Fredericksburg	VA	0:26:40	46
225	Jerry Reed	Fredericksburg	VA	0:31:01	45
228	Gary Thomas	King George	VA	0:31:08	46

## Men 50 to 54

11	Steve Giorgis	Herndon	VA	0:18:05	50
28	Shah Mehrabi	Fredericksburg	VA	0:19:29	52
29	Chris T. Hara	Stafford	VA	0:19:30	50
47	Bill Brooks	Fredericksburg	VA	0:20:40	51
48	Gary Grimsley	Springfield	VA	0:20:46	50
49	David Tait	Fredericksburg	VA	0:20:47	50
52	Allen Vaughan	Stafford	VA	0:20:57	54
59	Neal Riemenschneider	Winchester	VA	0:21:38	50
61	Arthur Rhoads	Fredericksburg	VA	0:21:41	51
66	Art Broughton	Fredericksburg	VA	0:21:58	54
126	John Henderson	Fredericksburg	VA	0:24:45	51
131	Barry P. Fitz-James	Stafford	VA	0:24:53	53
151	John H Walker	Chesapeake	VA	0:25:56	52
154	John P. Kugler	Fredericksburg	VA	0:26:05	53
160	Larry N. Cooper	Colonial Beach	VA	0:26:23	53
178	Ed Robbins	Fredericksburg	VA	0:27:42	50
181	Paul S Cariker	Fredericksburg	VA	0:27:53	52
215	Bob Brammer	Fredericksburg	VA	0:30:47	52
221	Roger Fraites	Fredericksburg	VA	0:30:56	50
232	Michael T. Lewis	Fredericksburg	VA	0:31:14	51
258	Charles Hagan	Fredericksburg	VA	0:34:24	53

## Men 55 to 59

72	Harry Wiggins	Woodbridge	VA	0:22:14	56
74	Ronald Edington	Fredericksburg	VA	0:22:15	57
87	Steven L Schaeffer	Mt Airy	MD	0:22:46	55
149	David Thomen	Stafford	VA	0:25:47	55
153	Jerry Ulman	Fredericksburg	VA	0:26:04	58
158	Bob Rycroft	Fredericksburg	VA	0:26:18	55
236	Steve Pryplesh	Spotsylvania	VA	0:31:57	57
242	Greg Johnson	Fredericksburg	VA	0:32:14	58
244	F Bruce Thomas	Fredericksburg	VA	0:32:19	59

## Men 60 to 64

20	Patrick Griffith	Alexandria	VA	0:19:03	60
63	Sammy Merrill	Fredericksburg	VA	0:21:47	63
83	Maurice Davidson	Fredericksburg	VA	0:22:36	63
164	Durrell Boyd	King George	VA	0:26:36	60
177	Gerald Royce	Dahlgren	VA	0:27:32	62
187	Charles C Hall	King George	VA	0:28:36	64
205	Glenn R Luttrell	Winchester	VA	0:29:57	62
223	John Ehrbar	Stafford	VA	0:30:57	60
249	Frank Grubbs	Fredericksburg	VA	0:33:05	62

## Men 65 to 99

109	Richard Williams	Alexandria	VA	0:23:54	69
118	Arthur Reynolds	Woodbridge	VA	0:24:13	66
136	Larry Dickerson	Burke	VA	0:25:09	73
174	Tom Kenney	Glen Echo	MD	0:27:18	72
175	Robert L Gurtler	The Plains	Va	0:27:23	70
194	Paul Greenberg	Stafford	VA	0:28:56	69
227	Ferris Portner Jr	King George	VA	0:31:07	76
266	Haag Scott	Locust Grove	VA	0:43:30	75

## Womens Overall

24	Erin Connelly	Fredericksburg	VA	0:19:21	21
30	Ruth Olson	Spotsylvania	VA	0:19:36	42
37	Liz Schmidt	Fredericksburg	VA	0:20:00	37

## Women 0 to 19

46	Sara T Lasker	Fredericksburg	VA	0:20:39	14
68	Amy Wampler	Spotsylvania	VA	0:22:02	16
77	Sara Kniceley	Dahlgren	VA	0:22:27	15
84	Karlee Steward	Spotsylvania	VA	0:22:39	16
113	Emely Ratzenberger	Vienna	VA	0:24:03	19
115	Katherine Arquette	Fredericksburg	VA	0:24:06	14
116	Alicia Arquette	Fredericksburg	VA	0:24:10	18
123	Alyssa Engiles	Stafford	VA	0:24:35	16
137	Leah Schubel	Fredericksburg	VA	0:25:12	14
224	Sarah Hagan	Fredericksburg	VA	0:31:00	16
263	Angie Stewart	Manassas	VA	0:37:07	18

## Women 20 to 24

69	Kimberly Houck	Fredericksburg	VA	0:22:05	24
90	Edith Taylor Yonts	Fredericksburg	VA	0:22:54	24
95	Susie Duke	Fredericksburg	VA	0:23:20	22
132	Celina Casillas	Fredericksburg	VA	0:24:57	20

## Women 25 to 29

71	Elizabeth Boyd	Richmond	VA	0:22:10	27
75	April Ketchem	Fredericksburg	VA	0:22:18	27
173	Jennifer Ritchie	Woodbridge	VA	0:27:17	26
190	Maggie Van Zandt	Fredericksburg	VA	0:28:49	28
201	Gina Han	Fredericksburg	VA	0:29:21	25
202	Amy Lando	Fredericksburg	VA	0:29:36	25
222	Sarah Thilkey	Fredericksburg	VA	0:30:57	27
243	Kimberly McCormick	Spotsylvania	VA	0:32:18	25
247	susan Broad	King George	VA	0:32:45	27
252	Jamie Smith	Fredericksburg	VA	0:33:21	26
265	Tina Carter	Triangle	VA	0:38:58	29

## Women 30 to 34

102	Laurie Molnar	Woodbridge	VA	0:23:37	33
110	Paula Scholl	Fredericksburg	VA	0:23:56	34
127	Paulla Loder	Fredericksburg	VA	0:24:47	34
133	Caren Walker	Fredericksburg	VA	0:24:59	32
146	Karen-Marie Hyland	Fredericksburg	VA	0:25:45	34
148	Robyn Powell	Washington	DC	0:25:46	32
165	Avis Cook	Fredericksburg	VA	0:26:38	31
186	Laurel Jordan	Fredericksburg	VA	0:28:31	30
197	Amy Sabo	Fredericksburg	VA	0:29:07	33
200	Nicky Morley	Fredericksburg	VA	0:29:19	31
204	Niki Melendez	Fredericksburg	VA	0:29:41	30
220	Richele Scuro	Spotsylvania	VA	0:30:56	31
235	Kari Pryplesh	Ruther Glen	VA	0:31:33	31
237	Malisa Tidwell	Fredericksburg	VA	0:31:58	30
250	Valeta Dixon	Richmond	VA	0:33:19	34
251	Tamara Pfile-Stohr	Fredericksburg	VA	0:33:21	33
264	Michelle Worster	Fredericksburg	VA	0:37:36	34

## Women 35 to 39

82	Jennifer Quinn	Stafford	VA	0:22:36	39
105	Liz King	Fredericksburg	VA	0:23:44	36
114	Debra Durocher	Fredericksburg	VA	0:24:04	37
139	Julie Heflin	Fredericksburg	VA	0:25:17	37
168	Becky Weber	Fredericksburg	VA	0:26:44	39
176	Kate Chesley	Fredericksburg	VA	0:27:26	35
182	Sarah Chevlin	Dumfries	Va	0:27:55	38
183	Linda Hutt	King George	VA	0:27:57	39
185	Birdie Clark	Fredericksburg	VA	0:28:21	35
195	Helena Bozarth	Fredericksburg	VA	0:28:57	38
206	Heidi Miller	Fredericksburg	VA	0:30:11	38
207	Jennifer Conlee	Fredericksburg	VA	0:30:12	35
208	Victoria Ministri	Fredericksburg	VA	0:30:13	36
212	Robin Purvis	Fredericksburg	VA	0:30:40	35
213	Stacy Stovell	Fredericksburg	VA	0:30:44	38
217	Deborah Irvin	Fredericksburg	VA	0:30:52	39
230	Ann Miller	Spotsylvania	VA	0:31:11	39

233	Ana L Houpt	Fredericksburg VA	0:31:15	36
238	Kristi Allison	Fredericksburg VA	0:32:01	39
248	Deneal Helms	Fredericksburg VA	0:32:59	36
262	Sarah Brady	Fredericksburg VA	0:35:46	38
Women 40 to 44				
70	Barbara Dyer	Fredericksburg VA	0:22:09	42
76	Ellen Jones	Fredericksburg VA	0:22:23	42
89	Elizabeth Quinn	Stafford VA	0:22:50	43
106	Kathleen Weekman	Fredericksburg VA	0:23:47	43
135	Anna Casillas	Fredericksburg VA	0:25:04	43
147	Beth Klawitter	Fredericksburg VA	0:25:45	44
156	Deb Carter	Fredericksburg VA	0:26:10	41
171	Sharon Firewicz	Fredericksburg VA	0:26:58	40
172	Nadine Aguilera	Fredericksburg VA	0:27:10	44
198	Joan Jones	Fredericksburg VA	0:29:10	40
199	Catherine M Norvell	Spotsylvania VA	0:29:13	43
203	Lana King	Fredericksburg VA	0:29:39	42
226	Patricia Wheelbarger	Fredericksburg VA	0:31:05	41
256	Caroline Nicotera	Fredericksburg VA	0:33:59	43
259	Valerie Castilleja	Stafford VA	0:34:25	41
261	Christie Scicli	Spotsylvania VA	0:35:07	43
Women 45 to 49				
112	Laurie Schlemm	King George VA	0:24:02	48
125	Dana Schuster	Fredericksburg VA	0:24:42	46
152	C Irene Ultee	Fredericksburg VA	0:25:57	47
161	Janice Lasker	Fredericksburg VA	0:26:25	45
162	Beth Fisher	Fredericksburg VA	0:26:32	47
184	Nancy Cooper	Colonial Beach VA	0:28:05	46
209	Kirsten J King	Warrenton VA	0:30:18	49
246	Elizabeth Coulson	Stafford VA	0:32:44	47
Women 50 to 54				
60	Jenny Rexrode	Fredericksburg VA	0:21:40	50
88	Jean L Lauzon	Spotsylvania VA	0:22:48	51
145	Susan R Carnohan	Fredericksburg VA	0:25:40	53
188	Mary Hicks	Fredericksburg VA	0:28:42	52
189	Barbara Baker	Fredericksburg VA	0:28:45	51
193	Jannette Martin	Fredericksburg VA	0:28:55	54
196	Linda Lunney	King George VA	0:29:01	53
216	Susan Grace	Fredericksburg VA	0:30:52	52
218	Ann Handwork	Sumerduck VA	0:30:54	51
229	Kay Ravdin	Fredericksburg VA	0:31:09	54
234	Julalee W Sullivan	Fredericksburg VA	0:31:33	50
240	Judy Early	Fredericksburg VA	0:32:12	51
241	Patsy Godley	Fredericksburg VA	0:32:13	52
245	Judy Greenfield	Spotsylvania VA	0:32:21	53
257	Ellen Hagan	Fredericksburg VA	0:34:17	50
Women 55 to 59				
79	Nancy Crippen	Stafford VA	0:22:30	57
141	Colleen Himelright	Fredericksburg VA	0:25:19	57
159	Ester Opoku	Fredericksburg VA	0:26:22	56
211	Alice Hough	King George VA	0:30:23	56
Women 60 to 64				
191	Barbara Davidson	Fredericksburg VA	0:28:50	60
255	Marcia R Hall	King George VA	0:33:33	61
Women 65 to 99				
179	Arlowene Garland	Warsaw VA	0:27:43	66
Clydes 185-199				
1	John Lysher	Fredericksburg VA	0:20:08	43
2	Glenn P. Messier	Fredericksburg VA	0:22:31	46
3	Wayne Mendiola	Fredericksburg VA	0:23:29	27
4	Mark Clark	Fredericksburg VA	0:25:28	35
5	Kenneth McKane	Fredericksburg VA	0:26:38	32
6	Tim Kelty	Fredericksburg VA	0:26:47	40
7	Ed Robbins	Fredericksburg VA	0:27:42	50
8	Roger Fraites	Fredericksburg VA	0:30:56	50
9	John Ehrbar	Stafford VA	0:30:57	60
10	Steve Pryplesh	Spotsylvania VA	0:31:57	57
Clydes 200+				
1	Roger Dalziel	Stafford VA	0:19:55	40
2	Erik Jilson	Fredericksburg VA	0:20:25	34
3	James Gateau	Fredericksburg VA	0:23:26	29
4	Bob Gauvin	Stafford VA	0:24:24	49
5	David Broman	Fredericksburg VA	0:25:37	41
6	Wayne Sanford	Fredericksburg VA	0:26:51	40
7	Jerry Reed	Fredericksburg VA	0:31:01	45
8	Charles Hagan	Fredericksburg VA	0:34:24	53

## Athena 150+

1	Sharon Firewicz	Fredericksburg VA	0:26:58	40
2	Jennifer Ritchie	Woodbridge VA	0:27:17	26
3	Amy Sabo	Fredericksburg VA	0:29:07	33
4	Sarah Thilkey	Fredericksburg VA	0:30:57	27
5	Sarah Hagan	Fredericksburg VA	0:31:00	16
6	Ellen Hagan	Fredericksburg VA	0:34:17	50
7	Michelle Worster	Fredericksburg VA	0:37:36	34

Created and Maintained by: [Matt Boyd](#).

Last Modified on 03/14/2005.